
PREUSS SCHOOL
Site Operations Circular 1001

Date: July 15, 2020

Subject: 9-12 Physical Education Exemptions

**Departments and/or
Persons Concerned:** School Administrators, School Counselors, School Registrar, Athletic Director, Exercise and Health Science Department Chair, and Students Services.

Reference: *California EC* Sections: 51241; 49066(c)

Action Requested: Review Ed Code below and become familiar with the PE Exemptions procedures and required PE Exemption forms.

Purpose: The purpose of this circular is to inform personnel:

1. of the three (3) distinct and separate PE Exemptions; and
2. to provide the location of the PE Exemptions procedures and required PE Exemption forms.

Background: *California Ed Code* requires that students in grades 9-12 take four (4) years of physical education. However, students may be granted exemptions from courses in PE for two years if they have satisfied certain criteria. An exemption, for the purpose of PE, refers to a process by which a governing board of a school district may excuse a particular student from attending courses in PE if specified criteria are met.

Overview of Ed Code: Under California Education Code (EC) Section 51241, there are three (3) distinct and separate physical education exemptions.

Temporary Exemption for Illness or Injury:

"The governing board of a school district may grant a temporary exemption to a student from courses in physical education, if the student is one of the following:

- Ill or injured and a modified program to meet the needs of the pupil **cannot be provided**. (Further Info: [Link to PE Medical Guidelines Table](#)) (Further Info: [Link to PE Medical Guidelines VUSD website](#))
- Enrolled for one-half, or less, of the work normally required of full-time pupils" (*EC* Section 51241[a][1][2]).

Two-year Exemption:

"The governing board of a school district, with the consent of a student, may grant a student an exemption from courses in physical education for two years anytime during grades 10 to 12, inclusive, if the pupil has **met satisfactorily at least five of the six standards** of the physical performance test (FITNESSGRAM) administered in grade 9 pursuant to Section 60800" (*EC* Section 51241[b][1]).

Permanent Exemption:

"The governing board of a school district may grant permanent exemption from courses in physical education if the student complies with any **one** of the following:

- Is **16 years of age or older** and has been **enrolled in grade 10 for one academic year** or longer.
- Is enrolled as a postgraduate student.
- Is enrolled in a juvenile home, ranch, camp, or forestry camp school where students are scheduled for recreation and exercise pursuant to the requirements of Article 24 (commencing with Section 880) of Chapter 2 of Part 1 of Division 2 of the Welfare and Institutions Code" (*EC* Section 51241[c][1][2][3]).

Noncompliance:

CA Ed Code Section 51228.3 provides that a complaint of noncompliance may be filed with the district under the Uniform Complaint Procedure

APPROVED:

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Principal serving The Preuss School UCSD